

# December 2017 St Barnabas U-PK Lunch

Mon	Tue	Wed	Thu	Fri
<p>4</p> <p>2oz Chicken Nuggets 3/4 cup Spinach 2 oz Pasta with Butter 1/2 cup fruit and milk</p>	<p>5</p> <p>2oz Pasta Bolognese 3/4 cup Cauliflower 2 oz Baked Fruit 1/2 cup milk</p>	<p>6</p> <p><i>Pre-K 4 no School (K-8 hr)</i></p>	<p>7</p> <p>2oz Fish Sticks 3/4 cup Green Beans 2 oz Brown Rice 1/2 cup fruit and milk</p>	<p>1</p> <p>2oz Hot Pocket 3/4 cup Broccoli 2 oz Baked Fruit 1/2 cup fruit and milk</p>
<p>11</p> <p>2oz Honey Mustard Chicken Cutlet 3/4 cup Cauliflower 2 oz Pasta with Butter 1/2 cup fruit and milk</p>	<p>12</p> <p>2oz Mac n' Cheese 3/4 cup Carrots 2 oz Baked Fruit 1/2 cup milk</p>	<p>13</p> <p>2oz Meatballs 3/4 cup Zucchini 2oz Whole Grain Dinner Roll 1/2 cup fruit and milk</p>	<p>14</p> <p>2oz Fish Sticks 3/4 cup Mixed Vegetables 2 oz Brown Rice 1/2 cup fruit and milk</p>	<p>15</p> <p>2oz Hot Pocket 3/4 cup Broccoli 2 oz Baked Fruit 1/2 cup fruit and milk</p>
<p>18</p> <p>2oz Chicken Tenders 3/4 cup Broccoli 2 oz Pasta with Butter 1/2 cup fruit and milk</p>	<p>19</p> <p>2oz Baked Ziti 3/4 cup Green Beans 2 oz Baked Fruit 1/2 cup milk</p>	<p>20</p> <p>2oz Hamburger 3/4 cup Spinach 2oz Yams 1/2 cup fruit</p>	<p>21</p> <p>2oz Fish Sticks 3/4 cup Cauliflower 2 oz Brown Rice 1/2 cup fruit and milk</p>	<p>22</p> <p>2oz Hot Pocket 3/4 cup Broccoli 2 oz Baked Fruit 1/2 cup fruit and milk</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

# December 2017 St Barnabas U-PK Breakfast

Mon	Tue	Med	Thu	Fri
				<b>1</b> 4 oz Low Fat Yogurt 1/2 slice Whole Grain Bread 4oz 100% Juice 4oz milk
<b>4</b> 1/2 cup Cereal 4oz 100% Juice 4oz milk	<b>5</b> Cereal Bar Cheese Stick 4oz 100% Juice 4oz Milk	<b>6</b> <i>Pre-K 4 no School (K-8 th)</i>	<b>7</b> Whole Grain Crackers Cheese Stick 4oz 100% Juice 4oz milk	<b>8</b> 4 oz Low Fat Yogurt 1/2 slice Whole Grain Bread 4oz 100% Juice 4oz milk
<b>11</b> 1/2 cup Cereal 4oz 100% Juice 4oz milk	<b>12</b> Cereal Bar Cheese Stick 4oz 100% Juice 4oz Milk	<b>13</b> 1/2 Whole Grain Bagel Butter or Cream Cheese 4oz 100% Juice 4oz milk	<b>14</b> Whole Grain Crackers Cheese Stick 4oz 100% Juice 4oz milk	<b>15</b> 4 oz Low Fat Yogurt 1/2 slice Whole Grain Bread 4oz 100% Juice 4oz milk
<b>18</b> 1/2 cup Cereal 4oz 100% Juice 4oz milk	<b>19</b> Cereal Bar Cheese Stick 4oz 100% Juice 4oz Milk	<b>20</b> 1/2 Whole Grain Bagel Butter or Cream Cheese 4oz 100% Juice 4oz milk	<b>21</b> Whole Grain Crackers Cheese Stick 4oz 100% Juice 4oz milk	<b>22</b> 4 oz Low Fat Yogurt 1/2 slice Whole Grain Bread 4oz 100% Juice 4oz milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>